

Dear Parents/Guardians,

We will begin Theme Three of Fully Alive, our Family Life program on the **week of April 14** . Catholic schools recognize parents and guardians are the first and most important teachers of their children, and this is especially true in the areas introduced and explored in Family Life Education.

In Catholic schools, Family Life Education is closely aligned with Religious Education. We respect and value the partnership between home, church, and school. The goal is to present a distinctly Catholic view of human life, sexuality, marriage and family. Its purpose is to complement the efforts of families and to support what parents are teaching at home.

Family Life Education also incorporates content about social development and sexual health from the Ontario Health and Physical Education (HPE) Curriculum. More detailed information on the specific HPE expectations addressed in this theme of Fully Alive is available on the [Institute for Catholic Education website \(https://iceont.ca/\)](https://iceont.ca/).

**For each grade level, you will find:**

- A summary of topics and themes
- Copies of stories the teacher and students read
- Information and suggestions to discuss with your child at home
- Looking ahead to terms and topics discussed in the next grade

If you do not wish your child to take part in this unit of the Family Life Education curriculum, please contact the school to receive an exemption form up to five days before the commencement of the unit.

If you have any questions or concerns, I encourage you to contact me or the Principal. If you do not have access to the Internet, please let me know. We will provide you with a printed copy of the website material.

Teacher: Mary Gauthier Date: March 13, 2020

**Scope and Sequence**

Title	Objectives	Summary
Topic 1 – Life Begins in Love	<ul style="list-style-type: none"> <li>• be encouraged to appreciate that a man and woman share life and love in marriage</li> <li>• deepen their understanding that husbands and wives can share their</li> </ul>	Topic 1 provides a bridge from Theme 2 through a story about a family wedding. The students meet the Brunelle family, who are going to have a new baby.

	love by becoming parents either through birth or adoption	
Topic 2 – How Life Begins	<ul style="list-style-type: none"> <li>• explore the beginning of human life inside the uterus</li> <li>• be encouraged to develop a deep reverence and respect for life before birth</li> </ul>	Topic 2 is the first of three topics concerned with life before birth. The term <i>uterus</i> , introduced in grade 1 is reviewed and new terms <i>sperm</i> , <i>ovum</i> and <i>cell</i> are introduced. As in grade 1, this information is presented in the context of a family story and is designed to elicit an attitude of reverence and respect.
Topic 3 – A Special Home	<ul style="list-style-type: none"> <li>• explore how the human person grows inside the uterus</li> <li>• be encouraged to develop a deep reverence and respect for human life</li> </ul>	This topic continues the story of life before birth. New terms introduced to the students are <i>sac</i> , <i>fluid</i> , <i>umbilical cord</i> and <i>navel</i> .
Topic 4 – The Baby Arrives	<ul style="list-style-type: none"> <li>• explore how the human person is born</li> <li>• be encouraged to develop a deep reverence and respect for human life</li> </ul>	Topic 4 concludes the presentation of uterine life with the birth of Emma Brunelle. The terms <i>vagina</i> and <i>birth canal</i> are <b>briefly</b> reviewed.
Topic 5 – The Gift of Bodies	<ul style="list-style-type: none"> <li>• recognize that our bodies are gifts from God</li> <li>• be encouraged to develop an attitude of appreciation and respect for the body</li> </ul>	Topic 5 affirms the goodness of the human body, male and female. The students are encouraged to see the body as deserving of respect for it is part of the gift of being human.